



1370

St John Vianney Primary School Morisset

Yambo Street
PO Box 297
MORISSET NSW 2264

Phone: (02) 4973 4073
Fax: (02) 4973 4475

Email: admin@morisset.catholic.edu.au
Website: www.morisset.catholic.edu.au

3rd June, 2020.

NEWSLETTER

Term 2 ~ Week 6



National Reconciliation Week 27th May - 3rd June

The theme for this year is ***“In This Together”***

It reminds us whether in a crisis or in reconciliation we are all In This Together. Over the past week, Australians have celebrated National Reconciliation Week, an annual event that started in 1996.

National Reconciliation Week is an opportunity for us to celebrate the culture and history of the first Australians. It is about building mutually respectful relationships and to foster positive race relations. It is also a time to explore how each of us can contribute to achieving reconciliation in Australia.

All Australians are invited to participate in our nation’s reconciliation journey. Reconciliation lives in the hearts, minds and actions of us all as we move forward, creating a nation strengthened by respectful relationships.

If you wish to find out more, here is the link

<https://www.reconciliation.org.au/national-reconciliation-week/>

At this time, we look towards Jesus, the truest model who was welcoming and loving towards all people. His friends were the poor, the sinners, lepers, and those who were marginalised by society.



Pentecost

The Holy Spirit Among Us!

Last Sunday we celebrated a very special birthday – The Church’s birthday! Otherwise known as Pentecost. The feast of Pentecost celebrates the power of the Holy Spirit coming upon the disciples and energising them to set about their mission of continuing the ministry of Jesus. It was this incredible event that led to the birth of our Church – the very first Christians. And to this very day the Holy Spirit continues to work among us.

Pentecost is a reminder that to share is a most important feature of our faith and like the apostles of old, as soon as we have discovered the stirrings of the spirit within us, we too want to give it away to our friends and all we meet.

Blessings to you and your families
Christine Hibbard (REC)

Disclaimer: Unless otherwise stated, the advertisements placed in this newsletter are placed by independent third parties who have no legal relationship with the Diocese. The activities or services of the advertisers are not supervised or controlled in any way by the Diocese. The Diocese is not in a position to endorse the advertisers or the services provided and makes no representation about those matters. Accordingly, the Diocese cannot accept any responsibility for the advertisers or the activities or services that are the subject of these advertisements.

ST. VINCENT DE PAUL FOOD DRIVE



FRIDAY 12 JUNE WEEK 7



Many families in our community are doing it tough at the moment. Our **Mini Vinnies** team are supporting St. Vincent de Paul by running a **Winter Appeal**. We are asking SJV families to support this appeal.

On Friday 12 June, the children can come to school wearing their **Footy team's colours**, and bring a **gold coin donation** and a **non-perishable food donation**.



Some examples of **non-perishable food donations** are:

- tinned vegetables
- tinned fruit
- can or packet soups
- tinned beans/spaghetti
- spreads (eg. Vegemite)
- pasta/noodles
- tinned tuna/salmon
- cereals
- long-life milk
- biscuits
- tea/coffee
- muesli bars
- rice

Children who bring in a food donation will receive a **raffle ticket** from their teacher and will go in the draw to win a **prize** on the day.

WEAR YOUR FOOTY TEAM'S COLOURS, BRING A GOLD COIN AND A FOOD DONATION AND SUPPORT ST. VINCENT DE PAUL.

FOOD DRIVE * GOLD COIN DONATION * FOOTY CLOTHES * RAFFLE

Dear Parents

As we begin to return to normal school routines this week, it has been wonderful to stand at the gate and welcome the children back to school and see the joy on everyone's face, parents included! I spoke to the staff this week about what they had learnt and achieved during the lock down. The use of IT was high on the list. Tools such as Zoom, See-Saw and Home Learning plans were all new ways of doing things. One of the other things mentioned by staff was the development of the relationship with parents and carers. The importance of connecting with you was vital during this time, and teachers valued the connection with you. My hope is that you will continue working with teachers to continue the academic, emotional, and spiritual development of your children.

As we begin the transition back to school it is important once again to establish the routines and rules set up in the first few weeks of school in Term 1. I have been visiting classes and reminding the children of the strategy of STOP THINK DO. When they have an issue, this strategy encourages children to stop and think of the consequences of their action and encourages them to do the right thing. It is a simple strategy, but I encourage you to support us by using the strategy at home as well.

Whilst it is difficult, we encourage you to stay off the school site, and we feel it is important you continue the connection. If you do need to speak with your child's teacher, I encourage you to email or phone the school and make an appointment.

Last week was Sorry Day and Reconciliation Week commenced. I discussed with the older children the Stolen Generation and the impact this had on our country, and the importance of the Government to recognise how wrong this was and the mistakes they made. In discussing this with the children of this generation, they recognised how wrong this was and I realised how so much better informed and educated they are on these

issues compared to my generation. Seeing what is happening in the US we are reminded of the mistakes of the past and we can only pray for strong leadership and reconciliation amongst the American people.

This week we welcomed back to SJV, the Von Goethe family. Xavier has joined Yr 1 and was welcomed by his class.

Thank you to Jarrad Ducat for picking up and removing the smartboards from school. Thanks for the support.

School Fees

We have been asked by the CSO not to send out Term 2 statements for fees. These will be sent out later in the term. If you would like to receive a statement earlier, it can be requested, by contacting Julia in the office. Thank you to those families who have contacted me about their fee situation.

Gatherings

All gatherings at school eg. Liturgies, Mass, carnivals, and assemblies, have all been postponed until further notice. We are having assemblies within the school and these are being zoomed to each classroom on Thursday afternoons.

The canteen also remains closed.

Staff Update

We interviewed this week for Mrs Mitchell's replacement as she begins preparation for the arrival of her new baby. The successful applicant will be announced next week.

We welcome to the school community this Friday, Mrs Jane Sullivan, who will be working every second Friday, while Mrs Stephens takes some time to care for her family. Jane has moved to the Central Coast and was the admin officer at Holy Name School Forster for the past 4 years.

School Photos

School Photos have been postponed and are now being held on the 4th August.

Cleaning

With the return of all staff and children this week we have employed cleaners to wipe down and disinfect surfaces around the school. We have extra cleaning for 3 hrs during the day.

There is sanitiser, hand soap, paper towels, and disinfectant in all rooms. Children are also encouraged to bring their own water bottles and hand sanitiser to school.

Uniforms

Children should all be in winter uniform by now. This includes the tie for all students. The sports uniform should only be worn on Fridays. Girls are reminded that stockings should NOT be worn under sport shorts. If they are cold, they should wear navy track pants over their shorts.

Please label all items. Encourage your child to put jackets in their bag and if they have lost something to look in lost property. I already have many jackets in there.

School Reports

Please read over the important advice about the school report included in this newsletter. This is a Diocesan decision in consultation with Principals from all schools. In light of the school lockdown over the past 3 months, there are some key changes:

- The school report will go home Week 2 of Term 3
- Teachers will only be reporting on Religion, English, Maths and learning habits.
- Interviews will follow on from the report. You all will have the opportunity to discuss the report.

Please take the time to read the information on the note.

Yr 6 Fundraising

Year 6 will be selling Zooper Doopers for \$1 during lunch on Fridays. Please support them to raise funds for their graduation.



Enrolments

Enrolments for Kinder for 2021 are filling. If you or you know someone who is interested in coming to SJV please encourage them to contact the school and pick up an enrolment pack.

I have made contact with all new families for 2021. I hope to contact families already at SJV over the coming week.

From the Assistant Principal

On Bended Knee

An Australian musical group, Yothu Yindi (meaning mother and child) joined forces with non-Aboriginal members (Balanda) to form a band in the late 1980's to blend typical traditional music and dance with their own music to promote mutual respect and understanding of our coming together of cultures and solidarity.

In other countries, prayer vigils are taking place where thousands are coming together to ask people to re-direct their violence and rage to ask us to take a knee in solidarity.

Who has bent on their knees? Jesus, on so many occasions, bent on his knees in prayer to God. In the garden of Gethsemane, Jesus, in His agony, asked God for help in His time of crisis. We, on many occasions, bend on our knees in solemn prayer to God.

Media has invited us into a world of unrest, of riot, of tyranny, of political unjust, to take a bended knee and pray for solidarity. We can see all of this in a form of inflaming division among people of all races, colour and creed OR we can see all of this as an opportunity to fall on bended knee, just as Jesus did, overcoming persecution, mistreatment, and expectations to abide by a system of law and order, and rising above it all as He did. Yothu Yindi got it right, in my opinion, so too did our Lord, Jesus. Both cried out for treaty, for justice and compassion.

Fall on bended knee, and thank God we live in a lucky country.

Stay well,

Nicki Graham
Assistant Principal

Book Club

Scholastic Book Club has now gone back to paper brochures and your children should have brought the Issue 4 brochure home this week. The brochure is also available at https://www.scholastic.com.au/media/5610/bc_420.pdf for those who like to browse an online catalogue.

All orders, **LOOP** (online ordering <https://mybookclubs.scholastic.com.au/Parent/Login.aspx>), and cash orders need to be made by 9am Friday, June 19, to enable delivery before the school holidays. Thanks to all those families who support Book Club.



Library Borrowing

Library borrowing will return in Week 6 to the timetable we had early in Term 1 with Kinder, Year 1, Year 2 and Year 3 borrowing on Mondays and Year 4 and Year 5 on Fridays. Year 6 to borrow independently during the week.

Please note ALL RETURNED library books and home readers are being wiped down with disinfectant spray and then quarantined for at least 3 days before being returned to the shelves for the students to borrow. At home, you can use any household disinfectant spray to wipe over the covers of books if you have any concerns.

Maureen Nankivell
School Library Officer

Tennis Coaching

Tennis coaching is conducted by qualified coach Bill Griffiths, at the Bay Hotel tennis courts, Bonnells Bay and at the Toronto Workers Club. Beginners are most welcome. Cost for the school terms is \$120 and the active kids voucher is accepted. For further information and bookings please phone Bill on 0402 274 646.

Assembly Awards Term 2 Week 6

Class	MJR	Writing	Class	Class
K	Isabella Allen	Flynn Meadows Olivia Robinson	Sienna Cox	Kade Hodges
Yr 1	Juliet White	Izabella Carter	Aniela Sillince	Braxton McRae
Yr 2	Shayde McRae	Ethan Firth	Robert Pratten	Elizabeth Curtis
Yr 3	Lilly-Ann Rattray	Islah Vaschetty	Joel Lawrence	Jake Castro
Yr 4	Sophie Hardy	Maddie Roberts	Marley Johanson	Alfie Yell
Yr 5	Ethan Greenacre	Xavier Evans	Anna-Rose Rattray	Elka Albin
Yr 6	-	Chelsea Baxter	Ella Warburton	Kale Bowman

Good for Kids good for life

MANAGING SCREEN TIME

While your family is at home, many activities for learning, fun and keeping in touch will be done using screens.

To keep active make sure you spend time away from screens every day. Try some of the ideas below:

TURN OFF SCREENS + get active!

Screens can be great for learning, play and communication. Too much screen time can be unhealthy. Try to sit less and move more.



Source: Western Sydney Local Health District, November 2018



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

We Accept



Health Care Card Holders: Please provide a copy of your card each year to receive your discount on Tuition fees

Community Update

Given the regulations from the state government and the advice from our Diocese, our Parish Team, together with the Toronto Team, Fr Geoff and Fr Kevin, have come to the consensus that it is still the best course of action that our churches remain closed at this time.

We appreciate that members of our community might wish to see the church open sooner for personal prayer or smaller gatherings. Rather than assume what people want or need right now, we would like to know your thoughts, so please contact us and let us know. In addition, if the community desires that the church opens now, please let us know what assistance you are willing to provide to make it happen. This could be your time, your energy, and your availability to help us safely meet the current requirements. Feel free to email morparish@mn.catholic.org.au and let us know your thoughts.

Morning Prayer – First Friday

There will be an on-line group on ZOOM participating in the Morning Prayer on Friday, the 5th June, at 10.00 am. If you would like to participate, please send an Email to Dan Joyce, danterry1946@tpg.com.au, and I will email you an invitation, with a link. There is no need to have ZOOM installed, just click on the link, and you will be able to join the group. There is no need for a camera, audio alone is fine. The session will be of approx. 30 min duration.

Weekend Worship

Mass will be live streamed this Sunday, at 9.30am, from Sacred Heart Cathedral. Share the link with family and friends, and let's gather online to pray as a community in these challenging times. This will continue each week while the COVID-19 restrictions are in place.

<https://www.mn.catholic.org.au/places/live-stream/>



HOME DELIVERY INFORMATION

DARA IS PROVIDING, FREE MEAL HOME DELIVERY AROUND NEWCASTLE, PORT STEPHENS, MAITLAND AND LAKE MACQUARIE AREAS.

All who require food support are welcome to receive a weekly meal delivery.

Visit dara.org.au/home-delivery or call 4979 1339 (during office hours) to register your details.

DARA DEVELOPMENT AND RELIEF AGENCY. *empowering people*

@DARAPROGRAMS DARA.ORG.AU



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- laptops & tablets
- lessons & activities
- uniforms & shoes
- books & supplies
- sports fees & gear
- camp & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*

Contact your local Saver Plus Coordinator
Phone or SMS your name and postcode to 1300 610 355
Email NewcastleSP@thesmithfamily.com.au
Online saverplus.org.au
Find us on Facebook

saverplus

*many conditions apply. please contact your local Coordinator for more information. Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.



K-6 SEMESTER 1 STUDENT REPORTS

Advice for Parents/Carers

20 May 2020

The 2020 school year has been like no other.

We acknowledge the hard work and commitment of our teachers and principals during the COVID-19 pandemic and the change in learning from school-based to home-based learning. We also acknowledge and sincerely thank the parents and carers who have supported home learning and the challenges it has created, particularly when it has been coupled with working from home, additional healthcare stress and, in some cases, responsibilities for caring for others.

Communication between schools and parents/carers has been a key practice during the changes in schooling. Our teachers and principals have been providing parents and carers with informal and formal opportunities to receive information about their child's learning.

The opportunity to provide a formal report this semester is important; however, the report will look different because of the changes to learning so far this year and will focus on the learning that has happened both at home and school. It will focus on the outcomes taught and assessed. The purpose of this report is to help parents and carers understand how their child is going at this time and what can be done to support future learning.

All Education Authorities recognise the need for flexibility in usual reporting practices at this time so, based on advice from the Education Minister, schools will report on student progress and achievement without the usual A-E or equivalent grading. This is for Semester 1 only.

ADJUSTMENTS TO THE SEMESTER 1 2020 STUDENT REPORTS TAKE INTO CONSIDERATION:

- ▶ Periods of full and part time school and home learning
- ▶ An understanding that not all students have equitable access to or support with their learning at home for a variety of reasons
- ▶ The need to modify the planned curriculum to accommodate home learning
- ▶ That students have not had the usual opportunities to demonstrate evidence of their learning
- ▶ An understanding that teachers have not had the usual opportunities to observe and assess students
- ▶ An understanding that teacher workload has increased considerably in transitioning quickly to home learning, the simultaneous provision of school and home learning and in the re-engagement of students with school learning
- ▶ The importance of three-way conversations between parent/carer, teacher and student when restrictions ease. These meetings will enable sharing of insights and feedback about learning in Semester 1 to inform future goal setting.

THEREFORE:

- ▶ The Semester 1 report will **not be as comprehensive** as in previous years
- ▶ The A-E Grade scale will not be used to report student achievement
- ▶ Teacher professional judgement of student achievement relative to their peer group at this point in time will inform these reports
- ▶ Only NSW Syllabus outcomes taught and assessed this semester will be used to measure achievement
- ▶ In Primary schools, achievement will only be recorded for Religious Education, English and Mathematics
- ▶ Reports will be **delayed** until the beginning of Term 3
- ▶ Teacher written comments will be minimal. Opportunities for three-way parent/carer, teacher and student conversations will be provided when possible
- ▶ Attendance will **not** be recorded for Semester 1



HUNTER KIDS BONNELLS BAY

Vacation Care Program

Service cost: \$60 (Child Care Subsidy will apply to all fees)

Excursions and Incursions \$75

Note: This is just a general guide. Activities are subject to change depending on numbers, weather, staff ratio, etc.

<u>Activity/Location</u>	<u>Activity Description</u>	<u>Cost</u>
Monday 6th July 2020	Cool Kids First Aid Children put their skills to the test as they learn CPR and First Aid. 	\$75
Tuesday 7th July, 2020	9D Cinema Children immerse themselves in the mobile 9D cinema which includes moving seats and virtual reality. 	\$75
Wednesday 8th July, 2020	Mystery Day Kids get their 'spy' on as we do live action cluedo, invisible ink and finger printing. 	\$60
Thursday 9th July, 2020	Bike and Scooter Day Bring your helmet and your wheels for a fun filled day of riding. (Helmets are compulsory) 	\$60
Friday 10th July, 2020	Bricks 4 Kids Children will become Lego Masters with the Bricks 4 Kids incursion. 	\$75

<p>Monday 13th July, 2020</p>	<p>Back to the 80's Throwback to the 80's with a glow party, hair salon, and crazy tie dye.</p>		<p>\$60</p>
<p>Tuesday 14th July, 2020</p>	<p>Nature Day A day of connecting to the world through sand art, nature play and animal creations.</p>		<p>\$60</p>
<p>Wednesday 15th July, 2020</p>	<p>Medieval Day A throwback in time where children experience the renaissance through food, design and games.</p>		<p>\$60</p>
<p>Thursday 16th July, 2020</p>	<p>Move and Groove Get your grooving shoes on for a hip hop dance experience.</p>		<p>\$75</p>
<p>Friday 17th July 2020</p>	<p>Magic Madness Let the magic begin as children explore the world of magic through JD Magic Show.</p>		<p>\$75</p>

**CONTACT OUR PROGRAM DIRECTOR ELAINE @
hunter20kids@gmail.com OR 0410647153**

Operating hours: 6.30am-6.00pm
Excursion days there will be strict drop off times.
Breakfast, lunch, and afternoon tea is provided.
Please bring hat, water bottle and lunch box.



Hunter Kids Bonnells Bay

Vacation Care Booking Form

Fees Per Day

Service Based \$60

Excursion \$75

Incursion \$75

Bookings (Please tick the box each day the child will be attending)

CHILD 1	Family Name:			First Name:		Age:
DOB:	CRN:			School:		
DATE:	MON 06/07	TUE 07/07	WED 08/07	THUR 09/07	FRI 10/07	
DATE:	MON 13/07	TUE 14/07	WED 15/07	THUR 16/07	FRI 17/07	ALL

CHILD 2	Family Name:			First Name:		Age:
DOB:	CRN:			School:		
DATE:	MON 06/07	TUE 07/07	WED 08/07	THUR 09/07	FRI 10/07	
DATE:	MON 13/07	TUE 14/07	WED 15/07	THUR 16/07	FRI 17/07	ALL

CHILD 3	Family Name:			First Name:		Age:
DOB:	CRN:			School:		
DATE:	MON 06/07	TUE 07/07	WED 08/07	THUR 09/07	FRI 10/07	
DATE:	MON 13/07	TUE 14/07	WED 15/07	THUR 16/07	FRI 17/07	ALL

Parent/Guardian Name: _____ **Parent/Guardian Signature:** _____

Phone Number Mobile _____ 2nd Contact Ph. No _____

CONDITIONS

1. All fees need to be paid seven days after invoice. Fees are payable for days booked, irrespective of attendance. We have a NO REFUND or CANCELLATION policy once the holidays start.
2. No swapping of days once holiday has started, only adding on days is allowed.



Hunter Kids Bonnells Bay Vacation Care Booking Form

3. Our service is open daily from 6.30am to 6:00pm. We are unable to provide care outside of these hours. A late fee of \$5 per 15 minutes or part thereof per child will apply for children collected after 6:00pm.
4. Excursions - Staffing will be based on risk assessment. In the event where these activities are cancelled, service-based activities will be offered.
5. Hunter Kids does not accept any liability for personal injury, property damage, personal items (including jewelry, glasses and electronic devices) or any loss sustained by any child when attending the Vacation Care Program due to any cause whatsoever unless this has been caused by proven negligence of by the independently owned operator. I have read, understood and approved the information, policies and procedures on this form, the enrolment form, parent handbook and centre policies and procedures.

Parent/Guardian Name _____

Sign _____

What do children need each day?

1. Pack each child morning tea and lunch for all days unless indicated otherwise on the program. Afternoon tea is provided every day.
2. Dress children in appropriate clothing & footwear for activities and bring a broad brimmed hat. No hat, no play!
3. Bring a water drink bottle every day or even two on hot days.

Return completed Booking form to:

Elaine McCourt

Hunter Kids OSHC or
hunter20kids@gmail.com



Calling all inspired

ART STUDENTS!

This year's **ASPIRE** production is called *The Pecking Order* and some of the main characters are birds.

In honour of our feathered friends, we would like to invite students, of any age, from our diocesan schools to create a model bird that will be displayed in the foyer during production week. Our aim is to create a wonderful art exhibition at the Civic Theatre for the duration of the production to showcase the work of our talented Visual Arts students.

The bird sculpture can be as realistic or as imaginary as you desire. Our only stipulation is that it be made from found objects e.g. recyclable and/or natural materials. Create your own special bird or work together as a class to create one large bird! Teachers might like to make it a class project.

A team from the ASPIRE committee will select the winners. There will be two categories:

- **Individual student sculpture**
- **Class/group sculpture**

The winner in the class category will receive free transport and tickets to the Friday matinee of *The Pecking Order* and the individual student will receive a double pass to the Friday night performance plus an exclusive look behind the scenes at the Civic Theatre.

**ALL ENTRIES MUST BE RECEIVED AT THE CATHOLIC SCHOOLS OFFICE
BY MONDAY 13TH JULY 2020**

Applying for Year 5 entry to an opportunity class in **2021**

Thinking of applying for Year 5 entry to an opportunity class in 2021?

You must apply online at:
[education.nsw.gov.au/public-schools/
selective-high-schools-and-opportunity-
classes/year-5](https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5)



Key dates

Application website opens:
Tuesday 9 June 2020

Application website closes:
5 pm, Friday 26 June 2020
You must apply before this deadline

'Test authority' letters sent to all applicants:
Wednesday 2 September 2020

Opportunity Class Placement Test:
Wednesday 16 September 2020

Placement outcome information sent overnight on:
Tuesday 1 December 2020

Please read this booklet carefully before applying.

Note: The information in this document is available in an accessible format on the Department's website.

Parents* should check the website at education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5 regularly throughout the application and placement process.

Please check the website for information before you contact the Team.

The opportunity class placement process for Year 5 entry is administered by the High Performing Students Team*.

Contact Details:

High Performing Students Team, NSW Department of Education
Email: ssu@det.nsw.edu.au
Telephone: 1300 880 367 Telephone Interpreter Service: 131450
Postal Address: GPO Box 33, SYDNEY, NSW 2001
Facebook: <https://www.facebook.com/groups/150342048077050/>

Please Note:

*In this document, the High Performing Students Team is referred to as the Team.

*'Parent' is defined under the Education Act, 1990, as a 'guardian or other person having custody or care of a child'

Detailed information is available in [Rules and procedures for Year 5 placement in an opportunity class](#)

Adapting After Lockdown. Coronavirus (COVID-19) and Beyond

Evidence-based tips and tools to support children.

When we entered lockdown many things rapidly changed: school, work, play. As we begin to ease the restrictions, it is clear that life will not go back to 'normal' just yet. 'After lockdown' will be different again, with more new changes to adapt to.

Every family will be navigating different changes but the strategies to best support children are largely the same. The evidence shows, time and again, that there are a few key ways to support children's resilience and wellbeing when they experience difficult events, whether they've lost a loved one or are navigating new changes at home and school.

How can we best support our children to adapt to change?

- Consistent, loving support
- Open, but age-appropriate, communication (which sometimes involves listening to what children are not saying)
- Modelling positive coping which can be simply playing or doing enjoyable activities together
- Supporting children to be problem solvers
- Involving children in decisions that affect them
- Helping children identify their feelings and find ways to manage overwhelming ones
- Helping children stay connected to a network of supportive friends and family.



It takes a lot of effort to cope with the uncertainty, manage our own grief, anxiety or fatigue and to support our children through the changes. For children to do well we need to look after ourselves as a parent or carer, too. Look for moments when you can find space to relax or do something you enjoy. If you are concerned about your own mental health do seek support from others or professional advice. Your children rely on you, but you're not alone. There are increasing services available to support you and your family during this difficult time.



Co-ordinating Child and Young Resilience for all



Centre for Children and Young People



Southern Cross University



MacKillop Family Services

Coping with Change.

Coronavirus (COVID-19) and Beyond

Evidence-based tips and tools to support children.

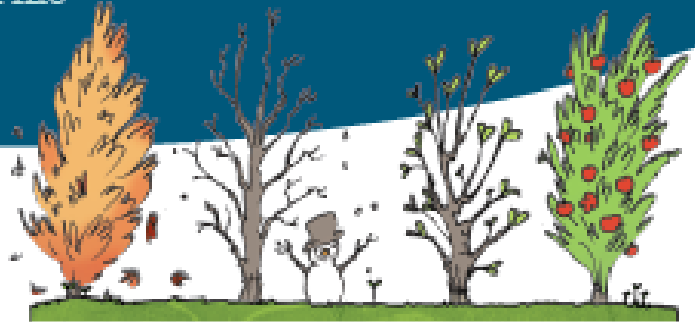


“The only thing in life that is permanent is change.

Change is the one constant in life”

(K. J. Fallin, 2013)

Autumn, Winter, Spring, Summer:

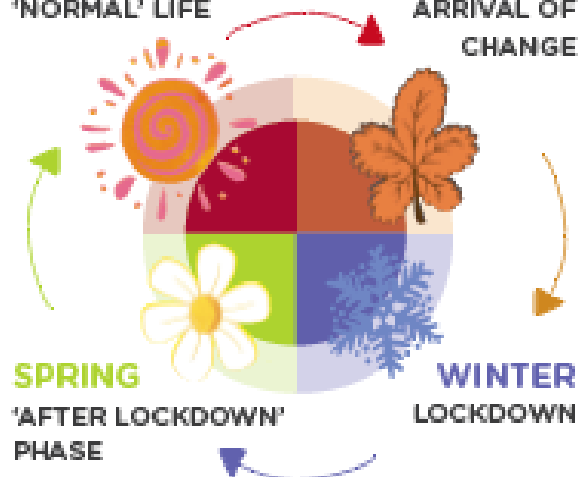


The seasons can help children, as well as us, understand, accept and cope with the ongoing change and uncertainty related to the pandemic. Making links to the seasons can be helpful in explaining that life won't go back to 'normal' for some time to come.

The seasons are also useful for making sense of our individual experiences of change, loss and grief. It can be reassuring to know that each season is unique and important to our growth. Remember, too, that each season has its own story; there are easy days and difficult days.

SUMMER
'NORMAL' LIFE

AUTUMN
ARRIVAL OF
CHANGE

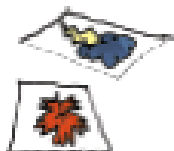


SPRING
'AFTER LOCKDOWN'
PHASE

WINTER
LOCKDOWN

There are a treasure trove of activities about the four seasons. These can offer a gentle way to begin a conversation about change with your child.

Get creative: Make a seasonal collage or art piece, or a 3-D seasons cycle with items from around the house.



Make the links: Talk together about what you like in the different seasons. Point out that we like to do different things in different seasons and that while we might enjoy some more than others, no season lasts forever. Also point out that just as the seasons of the year change, things in our lives change, too. You might reflect further on the cycle of seasons and how you are adjusting to losses, changes and the different stages of the pandemic.

Go outdoors: Explore around your local area. If you didn't know what season it was, how might you tell? What clues can you see?



Can be used by
Children and Young People
for all



Newcastle

Saturday 6th - Sunday 7th June

Queens Birthday Long Weekend



NEWCASTLE
children's
UNIVERSITY
A MEMBER OF CHILDREN'S UNIVERSITY AUSTRALIA



CARTOONING CAMPS



COVID Safe Program

- Correct social distancing
- Limited class sizes
- Hand washing & sanitising
- Drop off service
- Stay at home Zoom classes also offered



Father & son, Danny & Joel are coming back to Newcastle.
 We want to live life again. Children need to play, learn & have fun.
 An exciting, fun art & cartooning adventure weekend! Join us or stay home & Zoom in.



Featuring Australia's largest interactive Lego™ Spaceship. It has to be seen to be believed. It's made up of 12 connecting spaceships.



I'm Joel. Join my dad & I at the Newcastle June long weekend Cartoon Camp.

Continued below...



Danny & Joel Cohen (father & son) present
June Long Weekend Cartoon Workshops
 Saturday 6th - Sunday 7th June



Class 1: Saturday 10am - 2pm

- **Theme:** Hawaiian. Wear anything colourful & tropical. Prizes for the best dressed.
- **Draw:** Beginners cartooning **Part 1**.
- **Draw:** A 3D beach tropical landscape.
- **Draw:** Marvel™ characters including Groot™.
- **Science show:** Mad Professor Kuffleblah is back!
- **Play:** The exciting game 'Charge'.
- **Enjoy:** **Tropical fruit mocktails**.
- **Make:** A squishy & play the fun squishy game.
- **Coral reef:** Draw life under the sea.
- **Draw:** Animated fruit & vegetables.
- **Play:** Balloon rob the nest.
- **Challenge:** Make a tower with marshmallows & spaghetti.
- **Challenge:** Boys vs girls 'floss' & 'Orange Justice' dance-off for prizes.

Note: Children can bring their scooters on Saturday if they want to.



Class 2: Saturday 2pm - 6pm

- **Theme:** Messy clothes & hair. Prizes for the 'worst' dressed.
- **Kids on wheels:** Bring in your scooters.
- **Draw:** Beginners cartooning **Part 2**.
- **Draw:** Popular farm animals.
- **Enjoy:** **Delicious rainbow biscuits**.
- **Treasure hunt:** Find the treasure in the park.
- **Slime:** Make fun green gooey oobleck slime!
- **Play:** The shaving cream battle if you want to!
- **Competition:** Build a creative structure using straws.
- **Draw African animals:** A giraffe, meerkat & an elephant.
- **Play:** Harry Potter™, Pokémon™ & Star Wars™ trivia.
- **Make:** Cute clay model food. Prizes for best creations.
- **Pokémon™:** Draw popular characters & trade your cards. Bring your Pokémon cards.



Class 3: Saturday night 6pm - 9pm

- **Theme:** Dark clothes for murder in the dark.
- **Enjoy:** **S'mores chocolate pizza!**
- **Draw:** Cute manga animals.
- **Draw:** Mario™, Sonic™ & Yoshi™.
- **Play:** Sock wrestling.
- **Play:** Space jump.
- **Gift:** Receive a showbag full of goodies.
- **Design a baseball cap:** We'll supply the caps.
- **Nerf gun battle:** Bring in your nerf guns & goggles for a safe battle. We will be making cubby houses in the hall.
- **Play:** Murder in the dark! An exciting game with balloons.



Class 4: Sunday 10am - 2pm

- **Theme:** Country show day. Dress in an animal onesie. Prizes for best dressed.
- **Space trivia:** Everything you know about the solar system is wrong.
- **Draw:** A galactic space scene.
- **Kids in the kitchen:** **Enjoy chocolate fondue.**
- **Draw:** Famous pets - Garfield™ & Snoopy™.
- **Competition:** Draw an amusement park.
- **Draw:** A 3D alien landscape.
- **Draw:** Castles, dragons & beasts.
- **Make:** The worlds best paper plane.
- **Draw:** A kangaroo, koala & an emu.
- **Make:** A cartoon kite.
- **Lego™:** Competition. Make a mini spaceship.
- **Play:** Murder in the light! An exciting game with balloons.



Class 5: Sunday 2pm - 6pm Market Day - the best class!

- **Theme:** Computer games. Prizes for the best gaming costumes.
- **T-Shirt:** Design a T-Shirt. We will supply the T.Shirts.
- **Draw:** Beginners cartooning **Part 3**.
- **Draw:** Anime & manga.
- **Draw:** Realistic people.
- **Draw:** 3D dinosaurs.
- **Flour battle:** Join in the fun if you want to.
- **Waterfight:** Weather permitting & if you want to. Bring a watergun.
- **Kingdom markets:** Everyone prepare a shop for Market Day. Make cookies, sell old toys, sell candy bags, etc... the children buy & sell using Kingdom money they have earned over the weekend. We'll give the children \$200 Kingdom dollars.
- **Draw:** Competition. Create your own treehouse. Andy Griffiths Treehouse book will be awarded.
- **Greatest Showman™ talent show:** Singing, dancing, gymnastics, comedy, etc... prizes for the best acts.



\$35 per class

- Go to: www.illustrating-man.com.au
- Click the colourful Cartoon Camp button on the home page & select Newcastle
- If you want to use the Creative Kids \$100 voucher contact Service NSW: www.service.nsw.gov.au Get your voucher codes per child
Then email or call our office with your child / childrens date of birth & voucher codes
- If you want to attend all 5 classes the difference will only be \$75
- You can also select ZOOM classes. Just let us know. We will provide you with a linking code.

Camp venue: Lambton-Waratah Scout Hall, 8 Elder Street, Lambton
Cartoon Kingdom: 02 9343 0833 bookings@cartoonkingdom.com.au



Newcastle 2020 Weekend Camp Registration:

Book & pay online: www.illustrating-man.com.au

1. Name of Child: _____ Age: _____
 2. Name of Child: _____ Age: _____
 3. Name of Child: _____ Age: _____
 4. Name of Child: _____ Age: _____

Any Disabilities, Medical Conditions or Special Needs (eg. Asthma, ADHD, diabetic, behavioural problems): _____

Name of Parent/Guardian: _____

Address: _____

Postcode: _____

Day time phone: () _____ Mobile: _____

Dietary Needs: (No dairy, vegetarian, etc...) _____

Email: _____

Select the location & classes for the child/children:

Newcastle:

	Child 1:	Child 2:	Child 3:	Child 4:
\$35 Class 1 (10 ^{am} - 2 ^{pm}) Saturday	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
\$35 Class 2 (2 ^{pm} - 8 ^{pm}) Saturday	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
\$35 Class 3 (8 ^{pm} - 9 ^{pm}) Saturday	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
\$35 Class 4 (10 ^{am} - 2 ^{pm}) Sunday	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
\$35 Class 5 (2 ^{pm} - 8 ^{pm}) Sunday	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Payment Option 1:

Credit Card Authority Payment Option: www.illustrating-man.com.au

Amex: Name on Card: _____

MasterCard: No: _____

Visa: Expiry Date: _____ Amount: _____

Payment Option 2:

Cheque: I/we enclose a cheque: \$ _____ Cheque payable to: _____

To: The Illustrating Man Design Pty Limited (ABN 61 079 295 297) for and on behalf of itself and all its officers, servants(s), assistants and agents(s) now and hereafter including Danny Cohen (collectively referred to as "The Organiser").

CONSENT AND INDEMNITY

I/we tell you that we are of full legal capacity and as the parent(s)/guardian(s) of the child, I/we acknowledge we consented to agree on an on going basis that the Organiser(s) permit the child to be considered for and/or to attend the activity selected and incidental matters for the agreed fee in consideration of I/we irrevocably agreeing to the following conditions, namely:-

- The Organiser has the right to change the date, time, or frequency of the program.
- Where the Organiser deems it appropriate, the Organiser may refuse admission/participation of the child in the event that the activity is considered (including pursuant to condition 2) The Illustrating Man Design Pty Ltd (ABN 61 079 295 297) will offer a refund to the paying parent(s).
- guardian(s) or all agree on an irrevocable activity also subject to this Consent and Indemnity in full I/we irrevocably do, on my/our behalf, all irrevocably on demand fully indemnify the Organiser (or any one or more of them) all its officers, servants(s), assistants and agents(s) or deemed (whether or not party) for damage costs or otherwise whatsoever arising out of any injury, disease, loss or damage whatsoever (including any negligence, breach of contract or any other breach or omission whatsoever in which a part caused or contributed to by the child or to the child or to any entity (including myself, deeming as a result thereof whether involving any negligence, breach of contract or any other breach or omission whatsoever.
- The Consent and Indemnity binds the parties and their successors and/or assigns to the fullest extent permitted by law or equity or statute.
- To the fullest extent permitted by law or equity or statute, I/we hereafter give to The Organiser (or any one or more of them) a full release, waiver and discharge of any cause of action suit, demand or proceeding (whether original or third party) as to or arising out of any injury, disease, loss or damage whatsoever whether whole or in part caused or contributed to by the child or to the child or to any entity (including myself, deeming as a result thereof whether involving any negligence, breach of contract or any other breach or omission whatsoever.
- The Consent and Indemnity binds the parties and their successors and/or assigns to the fullest extent permitted by law or equity or statute.
- The Consent and Indemnity is governed by the law of equity and statute in force from time to time in the countries of Australia, Hong Kong, New Zealand, Singapore, United Kingdom & Canada.

Dated: _____ Signature of Parent(s)/Guardian(s)

Notes:

- All activities will be in the hall & surrounding grounds or local parks.
- Meals: Children will need to bring food or can purchase from our canteen.
- Dinners: If your child/children takes attending our night classes, please provide them with dinner. The canteen will also be open at night.
- Children need to bring a bag & hat to our activities. Notify staff if your child has special needs or requires medication to be administered (ie: Asthma, Allergies or ADHD).
- We cater for children 4 to 16 years (Juniors, Intermediates & Seniors) except in QLD where the child needs to be aged from 5 to attend.
- Inform staff if someone other than the guardian will be picking up your child/children.
- Our staff: Our staff have the "Working with Children Check". The Director has senior first aid training.
- Sun policy: Please provide your child/children with a hat & sunscreen to wear for our outside activities. We also have sunscreen readily available for children to use.
- Signing in & out: Children must be signed in/out by a parent or guardian.
- Policy on children's belongings / lost property: All items is taken into we take no responsibility for loss or damage to belongings. At 2pm at the conclusion of our Sunday program - all lost property is donated to charity.
- Parent/Guardians: May drop off their children. They are not allowed to stay in the hall for legal & insurance reasons. They may enter the hall to pick up their children.
- Policy on late pick ups: We close our services at 6pm Sunday unless specified. A late fee applies at the rate of \$1 per minute paid directly to the carer at the time of pickup.
- Policy on behaviours: We have the right to refuse a child if their behaviour is deemed disruptive to our program. No refund will be offered.
- Policy on cancellations & refunds: We regret that under no circumstances are we able to provide a refund in the event of cancellation or non-attendance of the child.
- Mobile phones/cameras: Due to privacy laws, photographic & recording devices are prohibited from our programs. Mobile phones can be brought but must be off during activities.
- Nuts: Nuts or foods containing nuts are strictly prohibited from our program.
- Sharing to eat: Children are not allowed to share food due to allergies, etc...
- Art materials: All art & craft materials are included in the daily price.
- About us: Cartoon Kingdom has 37 years experience in educational programs & activities in Australia, Hong Kong, New Zealand, Singapore, USA, Malaysia, England & Canada.

Cost:

Sat: 10am - 2pm / 2pm - 6pm / 6pm - 9pm
 Sun: 10am - 2pm / 2pm - 6pm

\$35 per class

www.illustrating-man.com.au

EARLY BIRD

Book all 5 classes before
 Monday 5pm June 1st &
 receive a set of
 How to draw cartoon
 books valued at \$50.



Books will be given
 out at the camp.

Enquiries only: 9am - 5pm (EST)

Call outside of these times will be returned the following day.

Enquiries: (02) 9343 0833
bookings@cartoonkingdom.com.au
www.illustrating-man.com.au

Mail: Suite 2, 29 Newland Street, Bondi Junction 2022

Camp Venue & Dates

Newcastle
 Saturday June 6th - Sunday June 7th
 Lambton-Waratah Scout Hall
 8 Elder Street, Lambton



Puberty, Sexuality and Relationships:

A webinar for parents and carers of people with intellectual disability and autism spectrum disorders

Find out how to support your family member's personal development and sexuality in a positive way!



Come join the team at Family Planning NSW for an interactive webinar that will cover issues across the lifespan including:

- Disability and sexuality
- Preparing for puberty
- Decision making and safety
- Taking care of health and hygiene
- Supporting positive and safe sexual expression
- Tips for talking about sex and answering tricky questions

Parents, foster parents, relatives and other unpaid carers of people with intellectual disability and autism spectrum disorders of all ages are welcome.

Unfortunately we are unable to accept registrations from professionals for this event.

Date:

Thursday 18th of June 2020

Time:

Online 10:30 am - 12:00 pm

Venue:

Zoom link provided on registration

Cost:

This course is funded by the Hunter New England Local Health District.

Priority will be given to people living or working in the Hunter New England area.



Health
Hunter New England
Local Health District

For more information:

Erin Donnelly

Family Planning NSW

E: erind@fpnsw.org.au

[Click here to register online](#)